



FALL & WINTER 2019-20

JOIN US IN CELEBRATING DARIEN'S 200th BIRTHDAY IN 2020!

CHECK OUT
OUR
NEW DESIGN
INSIDE!



PHOTO WINNERS

Tilley Pond Park by Mike McGrath
Baker Park by Alexander Cotter

LETTER FROM THE DIRECTOR

Dear friends of the Community, It is hard to believe that the summer months are coming to a close! The staff at the Parks & Recreation Department should be proud of their Spring and Summer accomplishments. The residents of Darien had many classes, camps, programs and events to choose from. Our 3rd Annual Weed Beach Fest was blessed with the best weather yet and residents packed our facility to hang out, eat great food, mingle with the community, engage in games - all while our three live bands entertained directly on the beach. A true beach bash it was! Our Fireworks event was changed to Sunday evening, due to rain on Saturday, but that didn't keep people away. Our "human counters" at the event collected attendance data of just under 4,000 people that came out to enjoy the evening!

Savor the rest of the summer days
- All my best, Pamela Gery



NEW PARK IMPROVEMENTS (pictured)

- * New Global Motion at Cherry Lawn
- * Additional Pickleball Lines at Cherry Lawn
- * Shade Structures at Weed Beach
- * Umbrellas and Tables at Weed Beach
- * Kayak Racks at Weed Beach & Pear Tree
- * Smoking Ban in All Darien Parks
- * New Gatehouse at Pear Tree Starring Starr!



IMPORTANT TOWN PROJECTS TO KNOW ABOUT!

THE PARKS & RECREATION COMMISSION

is currently working on the following two exciting projects:

THE PEAR TREE IMPROVEMENT PROJECT

has a Building Committee and will be working together upgrading the bathhouse, concessions and boat ramp, while trying to find solutions to the longevity of the beach itself. Neil Hauck and Weston & Sampson have been hired as the lead Architects on the project.

A HUGE thank you to the P&R Commission and PTBB Committee volunteering their time to create beautiful improvements to the facility.

THE WEED BEACH MEADOW AND TRAIL PROJECT

is just getting started. This project is a collaboration with The Darien Athletic Foundation, The Darien Foundation and the Town of Darien to improve the area, once known as Short Lane, with paved pathways weaving through the property and connecting the entire Weed Beach parcel, forming a one-mile loop, including a boardwalk along the waterfront.

A HUGE thank you to both Foundations for believing in this project and financially helping to bring it to life for the community. The goal is to have a ribbon cutting during the Bicentennial Bash at the Weed Beach Fest in June 2020.

Tune into Channel 79 to hear updates on both projects or better yet attend the meetings and show your support! The Weed Beach Meadow & Trail Project will give updates at the Parks and Recreation Commission meetings and the Pear Tree Improvement Project is discussed at monthly Pear Tree Beach Building Committee meetings which can be found on the town website.

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WINTER



SPRING



FALL



SUMMER



Nature Center Camp

PARKS & REC ADMIN INFORMATION

PARKS & RECREATION STAFF

Pamela Gery, CPRP
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Tara Cochran
Program Secretary
 tcoc@darientct.gov

Anthony Gentile
Summer Seasonal

Valerie Muller
Program Secretary
 vmuller@darientct.gov

PART TIME PADDLE ATTENDANTS

Marcello Salvatore **Tom Syrstad**
Catherine Beckmann **David Eilets**

PARK CREW

James E. Flynn
Supervisor of Parks Maintenance
 jeflynn@darientct.gov

Sandy Rich *Parks Foreman*
Edwin Acevedo *Parks Maintainer*
Keith Bennett *Parks Maintainer*
Mitchell Katrick *Parks Maintainer*
Mike Moretti *Parks Maintainer*
Mike Staff *Parks Maintainer*
Shane Ford *Summer Seasonal*
Pierce Hoyda *Summer Seasonal*
Carl Hunter *Summer Seasonal*

PARKS & RECREATION COMMISSION

Lorene Bora, *Chairman*
Susan Daly
Sarah Demark
Amy Doering
Lucy Hackman
Tierre Hessert
Mary Louise Morgan
Erika Morris
Michael Sgroe
Monthly meeting schedule at darientct.gov



A. Gentile, T. Cochran, J. Gore, P. Gery, V. Muller, J. Coghlan (Not pictured: J. Foulds)



(back row) J. Flynn, M. Katrick, M. Staff, S. Rich, E. Acevedo, C. Hunter, P. Hoyda, S. Ford (Front Row) K. Bennett, M. Moretti



(back row) E. Morris, S. Demark, M. Sgroe, M. Morgan, L. Hackman, A. Doering (front row) J. Gore, Peanut, S. Daly, P. Gery, L. Bora, T. Hessert (not pictured)

HOURS/INFORMATION

Address & Office Hours

Town Hall, Room 110
 2 Renshaw Road Darien, CT 06820
 Monday - Friday 8:30 AM - 4:30 PM

Closed on following holidays:

Monday	September 2	Labor Day
Monday	October 14	Columbus Day
Monday	November 11	Veteran's Day
Thursday	November 28	Thanksgiving
Friday	November 29	Thanksgiving
Tuesday	December 24	Christmas
Wednesday	December 25	Christmas
Wednesday	January 1	New Year's Day
Monday	January 20	MLK Day
Monday	February 17	President's Day

CONTACT

Phone 203-656-7325
Website Darienct.gov/parkrec
Email parkrec@darientct.gov
Twitter @Darienparkrec
Instagram [Darienparkandrec](https://www.instagram.com/Darienparkandrec)



Please check us out and "like", "follow" & "friend" our pages!



WOOF WEDNESDAYS



Meet our Parks & Rec mascot!
 Visit the Parks & Rec office at Town Hall **any Wednesday** and meet **Peanut** in person!

REGISTRATION & POLICIES

Registration Information For preschool aged programs, children must be the **appropriate age by the start** of the program. For all school-aged programs, registrant must turn appropriate age by December 31st, 2019.

Payments Payment must be made **in full** at time of registration. Credit/debit card, check, or cash payments are accepted. Checks should be made payable to the **Town of Darien.**

Refunds If a program is cancelled due to insufficient enrollment, a full refund will be given. For any other reason, refunds will be granted **up to 1 week** from the start of the program, less a \$15 administration fee. Cancellations made within 1 week of the program start date, **only 75%** of the registration fee will be refunded. **No refunds will be granted after the start of a program.**

Cancellations & Missed Classes Parks & Recreation reserves the right to set minimums/maximums for each program to ensure that instructor-to-participant ratios are maintained. Further, the Department reserves the right to cancel any program due to insufficient enrollment. Make-up classes are not provided for classes missed by participants. Parks and Recreation **does not prorate** classes.

Scholarships Full or partial financial assistance is available to help Darien residents who may be unable to afford the full cost of a program. Please call 203-656-7325 for information.

REGISTRATION INFORMATION

Resident registration begins:
Wednesday, August 28

For Non-Residents:
Wednesday, September 4

Options for program registration:
1. Online: darienct.gov/parkrec

2. By mail: Mail-in registrations will be handled after in-person registrations on August 28th.

3. In-person: Room 110 of the Darien Town Hall

WINTER BEACH RULES NEW

- Dogs allowed **ONLY** at Weed Beach in the designated off-leash area from Dec. 1, 2019 - March 31, 2020 between the hours of **9:00 AM - 1:00 PM only**. Bringing your own waste bags strongly encouraged.
- No lifeguards on duty
- Pear Tree Point Beach restrooms are CLOSED
- Weed Beach Paddle Hut restrooms open October 1 - March 31



ICE SKATING

Outdoor ice skating is available to Darien residents and their guests on Tilley Pond and Cherry Lawn Pond free of charge. The following signs will be posted for ice conditions: "No skating" or "Skate at your own risk." You are reminded to always exercise caution while skating on ponds.

"Skate at your own risk."

OTHER RECREATION CONTACTS IN DARIEN

Darien Nature Center.....	203-655-7459
Darien Senior Program	203-656-7490
Youth Commission.....	203-656-7326
Darien YMCA	203-655-8228
American Red Cross.....	800-733-2767
Darien Library.....	203-655-1234
Darien Ice Rink.....	203-655-8251
Darien Arts Center.....	203-655-8683
YWCA of Darien-Norwalk....	203-655-2535
Darien Boat Club.....	darienboatclub.org
Darien Little League.....	www.dybs.org
Darien Soccer Assoc.....	dariensoccer.org
Darien Youth Lacrosse.....	dylax.com
Darien Jr. Football.....	djfl.org
Darien Youth Hockey.....	dyha.com
Darien Jr. Sailing.....	dariensailing@gmail.com
Harbor Master.....	darienharbor@darienct.gov
Darien Sail & Power Squadron.....	dps.darien.org

PARK FACILITY RENTALS

Rental Information Parks & Recreation has a number of facilities available for rental. Whether it's a reunion at the beach or a birthday party in the park, we have the space for big groups & small, contemplative or crazy! Use of facilities is permitted through the Parks &

Recreation Department. Interested parties **must** apply for a permit. Permits & more rental information available **online** at darienct.gov/parkrec. Park permit applications are listed under the "forms" section & typically **require a 2 week turnaround for requests**.



Weed Beach Paddle Tennis Parties

Paddle tennis parties can be reserved Saturday evenings & Sunday afternoons starting October 14 - April 4. We have 5 terrific paddle tennis courts & a heated paddle hut with surrounding large deck & fire pit. Party fees are \$25/court/hour after 5pm & \$20 prior to 5pm with a building rental of \$50/hour. Building rental is waived if all 5 courts are reserved. Paddle Hut cancellation policy: A refund will be granted up to **one** week before the event less a \$50 fee. If cancelled within one week **up to 48 hours** before event, 75% of fee will be returned. **No refund** granted after 48 hours before event.

Weed Beach Paddle Tennis "Block" Time

The paddle courts at Weed Beach will be open from October 14th through April 4th. Any group interested in requesting block time (advanced court time on same day of week) can download the application from our website under "forms". **Deadline** for submitting forms is Friday, September 13th.

Weed Beach Paddle Tennis

Paddle attendant hours during the season are 9am-10pm Monday-Friday, 8am-10pm Saturdays and 8am-6pm Sundays *Attendants not on duty from 2pm-5pm on weekdays.

Paddle Hut Phone Number: 203-656-7350



RENTAL FACILITIES



CHERRY LAWN PARK GAZEBO

120 Brookside Road

Covered Gazebo next to pond. Accommodates up to 30. Limited availability.



TILLEY POND PARK

Lakeside Avenue

Park and Stone Hut overlooking pond. Grassy, shaded areas.



PEAR TREE POINT BEACH PICNIC AREA

127 Pear Tree Point Road

Picnic area with picnic tables and grills. Accommodates up to 100.



WEED BEACH PADDLE HUT

155 Nearwater Lane

Heated/air conditioned party space with large deck, refrigerator/microwave, ten 6-foot folding tables, 30 folding chairs & on-duty attendant. October - March limited to Paddle Parties. **All other party rentals** April - September. Accommodates up to 135.

WEED BEACH PICNIC AREA

155 Nearwater Lane

Picnic area with picnic tables. Area is located beyond the playground and back tennis courts. Accommodates up to 250.

YOUTH ACTIVITIES SPORTS

TENNIS (Ages 3-14)

FALL



Offered Monday - Saturday (7 week sessions)
September 7 - October 30 (no class September 30 & October 9)

Ages 3 & 4	45 Min.	Course
Saturday	11:30 AM	7136
Monday	1:45 PM	7137
Tuesday	1:45 PM	7138
Tuesday	2:30 PM	7139
Wednesday	1:45 PM	7140
Thursday	1:45 PM	7141
Friday	1:45 PM	7142
Friday	2:30 PM	7143

Ages 5 & 6	1 Hour	Course
Tuesday	4:00 PM	7153
Thursday	4:00 PM	7154

Ages 6 to 8	1 Hour	Course
Saturday	1:00 PM	7155
Monday	4:00 PM	7156
Tuesday	5:00 PM	7157
Wednesday	5:00 PM	7158
Friday	4:00 PM	7159

Ages 4 & 5	45 Min.	Course
Saturday	12:15 PM	7144
Monday	2:30 PM	7145
Monday	3:15 PM	7146
Tuesday	3:15 PM	7147
Wednesday	2:30 PM	7148
Wednesday	3:15 PM	7149
Thursday	2:30 PM	7150
Thursday	3:15 PM	7151
Friday	3:15 PM	7152

Ages 9 - 11	1 Hour	Course
Saturday	2:00 PM	7160
Wednesday	4:00 PM	7161
Thursday	5:00 PM	7162

Ages 10 -14	1 Hour	Course
Monday	5:00 PM	7135
Friday	5:00 PM	7134

WINTER



Offered Monday or Thursday (8 week sessions)
January 6 - March 9 (no class January 20, February 17, 20)

Ages 3 & 4	45 Min.	Course
Monday	1:00 PM	7163
Thursday	1:00 PM	7164
Thursday	1:45 PM	7165

Ages 3 - 5	45 Min.	Course
Monday	12:15 PM	7166
Monday	1:45 PM	7167

Ages 4 & 5	45 Min.	Course
Thursday	2:30 PM	7168

Location	FALL Weed Beach	WINTER Town Hall Gym
Fees	45 minute Resident \$110 Non-Resident \$130	Resident \$125 Non-Resident \$150
	1 hour Resident \$170 Non-Resident \$204	

JUNIOR PADDLE TENNIS Ages 7-14)

FALL



Offered Wednesday, Thursday or Saturday
(1 hour session for 8 weeks)
October 10 - December 7 (no class November 5, 27 - 30)

Ages 7-10	Time	Course
Wednesday	4:00 PM	7230
Thursday	5:00 PM	7231
Saturday	2:00 PM	7232

Ages 11-14	Time	Course
Wednesday	5:00 PM	7227
Thursday	4:00 PM	7228
Saturday	3:00 PM	7229



WINTER

Offered Wednesday, Thursday or Saturday
(1 hour session for 8 weeks)
January 8 - March 14 (no class February 15-22)

Ages 7-10	Time	Course
Wednesday	4:00 PM	7236
Thursday	5:00 PM	7237
Saturday	2:00 PM	7238

Ages 11-14	Time	Course
Wednesday	5:00 PM	7233
Thursday	4:00 PM	7234
Saturday	3:00 PM	7235

Introduction to the game of paddle tennis. Lessons utilize fun drill/games to teach participants the rules and strategies. Paddles are provided, or participants may use their own.

Location Weed Beach

Fees Resident \$230 Non-Resident \$276



YOUTH ACTIVITIES SPORTS

TINY TOTS SOCCER (Ages 2-5)

FALL



Offered Tuesday, Wednesday, Thursday, Friday or Saturday
(45 minute session for 8 weeks)

September 7 - November 6 (no class September 30 or October 9)

Ages 2 & 3	Time	Course	Ages 3 - 5	Time	Course
*Saturday	9:00 AM	7056	*Saturday	9:00 AM	7049
*Saturday	10:00 AM	7057	*Saturday	10:00 AM	7050
*Saturday	11:00 AM	7058	*Saturday	11:00 AM	7051
Friday	10:00 AM	7059	Tuesday	2:00 PM	7052
			Wednesday	1:30 PM	7053
			Thursday	12:45 PM	7054
			Friday	12:45 PM	7055

Fall Fees Resident \$160 Non-Resident \$192

Location Town Hall Fields *Saturdays Ox Ridge Elementary

WINTER



Offered Tuesday, Thursday or Saturday
(45 minute session for 6 weeks)

November 19- January 11
(no class Nov. 28, 30
Dec. 21-Jan. 1)

January 28 - March 28
(no class Feb. 15-22, March 7)

Ages 2 & 3	Time	Course	Ages 2 & 3	Time	Course
*Saturday	11:45 AM	7082	* Saturday	11:45 AM	7083

Ages 3 - 5	Time	Course	Ages 3 - 5	Time	Course
Tuesday	2:00 PM	7072	Tuesday	2:00 PM	7076
Thursday	2:00 PM	7080	Thursday	2:00 PM	7081
Saturday	11:45 AM	7075	Saturday	11:45 AM	7079

Tiny Tots Soccer engages in physical activity while developing motor skills & basic soccer skills. Each class consists of dribbling, shooting & passing. Children are divided into age groups. Run by Jon Bradley (Darien High School's Varsity Boys Soccer Coach).

Winter Fees Resident \$120 Non-Resident \$144

Location Town Hall Gymnasium

BWK LITTLE ATHLETES SPORT COMBO (Ages 3-5)

WINTER SPORTS SOCCER & BASKETBALL
(45 minute session for 6 weeks)



Winter I November 20-January 15
(no class Nov. 27, Dec. 25, Jan. 1)

Winter II January 29 - March 11
(no class February 19)

Day	Time	Course	Day	Time	Course
Wednesday	1:30 PM	7099	Wednesday	1:30 PM	7100

Location Town Hall Gymnasium

Fees Resident \$120 Non-Resident \$144

BLUE WAVE KICKERS SOCCER ACADEMY

(Born 2008-2014)



Offered Tuesday, Thursday or Saturday
(1 hour sessions for 8 weeks)

January 7 - March 28
(no class January 18 and February 15-22 and March 7)

Born	B/G	Day	Time	Course
2013/2014	Boys	Tuesday	4:00 PM	7092
	Girls	Tuesday	5:00 PM	7097
2012-2014	Boys	Saturday	12:30 PM	7091
	Girls	Saturday	12:30 PM	7096
2012	Boys	Tuesday	4:00 PM	7090
	Girls	Tuesday	5:00 PM	7095
2010/2011	Boys	Tuesday	6:00 PM	7089
2011	Girls	Thursday	4:00 PM	7094
2009/2010	Girls	Thursday	5:00 PM	7093

Location Town Hall Gymnasium

Fees Resident \$170 Non-resident \$204

Grades 6 Girls Thursday 2:45-4 PM 7098

Location Town Hall Gymnasium

Fees Resident \$190 Non-Resident \$238



YOUTH ACTIVITIES SPORTS

GOLF LESSONS (Ages 8-14)

Offered on Wednesday or Saturday
(1 hour session for 5 weeks)

September 11 - October 12



Ages 8-14	Time	Course
Wednesday	4:30 PM	7301
Saturday	3:00 PM	7302

Clinic designed to introduce children to the game using correct fundamentals; covering putting, pitching, bunker play & the full swing. The rules of golf & proper etiquette will be discussed. Juniors of all abilities welcome (children grouped by age & ability). It's highly recommended children bring their own golf clubs but some will be provided. Clinics are taught by PGA Certified Professional Paul Alexander.

LOCATION Oak Hills Park Golf Course, 165 Fillow Street, Norwalk

FEES Resident \$150 Non-Resident \$180



HORSES 101: HORSEBACK RIDING (Ages 5-14)

Offered Sunday (1 hour session for 4 weeks)

FALL	Session	Day	Time	Course
	1	Sept. 29, Oct. 6, 13, 20	1:15	7257
	2	Oct. 27, Nov. 3, 10, 17	1:15	7258

Fees Resident \$375 Non-Resident \$450



WINTER	Session	Day	Time	Course
	1	March 1, 8, 15, 22	12:30	7259

Sessions include: 1/2 hour horseback riding lesson & 1/2 hour horsemanship class covering general horse care, grooming, tacking & untacking. Requirements include a signed waiver, long pants & boots with heels. Mead Farm can supply riding helmets or participants may bring their own. This program is designed for beginner riders (those who have not taken lessons at Mead Farm or through Parks & Recreation). Lessons are held outside, so please dress appropriately! Riders MUST wear a boot with a hard sole and a slight heel. No sneakers, no exceptions. Waivers must be submitted one week prior to the first class.

Fees Resident \$330 Non-Resident \$395

Location Mead Farm, 107 June Road, Stamford

NEW

RUGBY (Ages 5 - 12)

FALL

Offered Sunday
(1 hour session for 8 weeks)



September 15 - November 17 (no class September 29 or November 10)

Ages	Time	Course	Ages	Time	Course
U6 (5-6)	9:00 AM	7419	U8 (6-8)	9:00 AM	7420
U10 (8-10)	9:00 AM	7421	U12 (10-12)	9:00 AM	7422

The aim of the youth rugby program is to provide a basic foundation and introduction to the game of rugby. Instruction will cover all aspects of the game except tackling. Coaching will be done by current DHS players and former college/club players. Furthermore, the program will run concurrent to the Rugby World Cup meaning an exciting time to learn the game!

Fall Fees Resident \$120 Non-Resident \$144

Location Baker Park



Early drop off & late pickup

FEBRUARY VACATION CAMP (Ages 5-12)

SPORTS VARIETY CAMP



Offered Friday, February 14 & Tuesday - Friday February 18 - 21

FULL DAY	Time	Course
Friday (2/14) & Tuesday - Friday (Feb. 18 - 21)	9:00 AM - 4:00 PM	7280
Friday (2/14) only	9:00 AM - 4:00 PM	7282
Tuesday (2/18) only	9:00 AM - 4:00 PM	7285
Wednesday (2/19) only	9:00 AM - 4:00 PM	7286
Thursday (2/20) only	9:00 AM - 4:00 PM	7284
Friday (2/21) only	9:00 AM - 4:00 PM	7283

HALF DAY	Time	Course
Friday (2/14) & Tuesday-Friday (Feb. 18 - 21)	9:00 AM - 12:00 PM	7281

Location Town Hall Gymnasium

Fees \$290 Friday & Tuesday - Friday (All days, full days)

\$160 Friday & Tuesday - Friday (All days, half days)

\$65 (Daily full days)

\$25 Early Drop-off 8:00 AM (\$25 good for all week) 7403

\$25 Late Pick-up 5:00 PM (\$25 good for all week) 7404

\$40 Early Drop-off and Late Pick-up (\$40 good for all week) 7405

This variety sports camp includes instruction in the fundamentals of such traditional sports as basketball and soccer as well as utilizing Overtime Athletics signature curriculum incorporating non-traditional sports.

YOUTH ACTIVITIES INDOOR SPORTS

BOYS INDOOR SOCCER (Grades 8 - 12, Born 2007 - 09)

Offered Monday, Wednesday or Saturday
(1 hour 15 minute session for 8 weeks)

January 6 - March 28 (no class Jan. 18, 20 Feb.18-22 & March 7)

Grades 8 - 12	Time	Course	Born 2007 - 09	Time	Course
Monday	5:45 PM	7085	Wednesday	4:00 PM	7084
Wednesday	5:15 PM	7086			
Saturday	1:45 PM	7087			



DHS Boys' Varsity Coach, Jon Bradley, offers this popular boys soccer clinic. Focus will be on skill refinement on both offense & defense (includes game play).

Location Town Hall Gymnasium

Fees Resident \$190 Non-Resident \$238



FUTURE STARS BASKETBALL (Ages 5 - 10)



Offered Thursday and Monday
(1 hour 30 minute session for 8 weeks)



FALL October 17 - December 19
(no class Oct. 31 and Nov. 28)

WINTER January 6 - March 9
(no class Jan. 20, Feb. 17)

Ages 5 - 10	Time	Course	Ages 5 - 10	Time	Course
Thursday	4:00 PM	7255	Monday	4:00 PM	7256

FS Basketball Academy, top-rated for basketball instruction, focuses on skill improvement stressing excellence, education, practice & discipline. This program include Future Stars' "Lessons of Life" educational program which focuses on teamwork, cooperation and respecting yourself and others.

Location Town Hall Gymnasium

Fees Resident \$175 Non-Resident \$210

GIRLS INDOOR SOCCER (Grades 6 - 12)

Offered Thursday
(1 hour & 1 hour 15 minute sessions for 8 weeks)

January 16 - March 12 (no class Feb. 20)



Grades	Time	Course	Fees
6 - 8	6:00 - 7:00 PM	7101	Resident \$170 Non-Resident \$204
8 - 12	7:00 - 8:15 PM	7102	Resident \$190 Non-Resident \$238

DHS Girls' Varsity Coach Leigh Parsons offers this popular girls soccer clinic (includes game play).

Location Town Hall Gymnasium

BLUE WAVE WRESTLING CLUB (Grades 2 - 8)



Offered Monday & Tuesday
(1 hour session for 9 weeks)



FALL Sept. 16 - November 19
(no class Sept. 30, Nov. 5)

WINTER Nov. 25 - February 10
(no class Dec. 23-31, Jan. 20)

Monday & Tuesday	Time	Course	Monday & Tuesday	Time	Course
Beginner/ Intermediate (2 yrs or less exp)	5:30 PM	7325	Beginner/ Intermediate (2 yrs or less exp)	5:30 PM	7328
Intermediate/ Advanced (2+ yrs exp)	6:30 PM	7327	Intermediate/ Advanced (2+ yrs exp)	6:30 PM	7329

Work with DHS Wrestling coaches first-hand. Goal: Develop wrestler's skills in scholastic wrestling. Emphasis on technique, match preparation, mental preparation, goal setting, conditioning & weight training. Beginner to advanced. Everyone is welcome!

REQUIREMENTS Wrestlers must have USA Wrestling Card & wrestling shoes. A copy of your current card must be presented at 1st session. USA Wrestling Membership runs from Sept. -Aug. Go to usawmembership.com to update your card or sign up for a new membership.

Location	Darien High School - Wrestling Room	Location	Darien High School - Wrestling Room
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Fees Resident \$200 Non-Resident \$240



YOUTH ACTIVITIES INDOOR SPORTS & FITNESS

ARCHERY (Ages 8 - 14)

Offered Tuesdays (Fall) and Mondays (Winter)
(1 hour session for 6 weeks)



FALL Tuesday

Session 1 September 17 - October 22			Session 2 November 12 - December 17		
Age/ skill level	Time	Course	Age/ skill level	Time	Course
Basic	4:30 PM	7318	Basic	4:30 PM	7319
Basic/Inter.	5:30 PM	7321	Basic/Inter.	5:30 PM	7320

WINTER Monday

January 27 - March 9 (no class February 17)



Age/ skill level	Time	Course	Age/ skill level	Time	Course
Basic	4:30 PM	7323	Basic/Inter.	5:30 PM	7324

Learn basic skills using the classic Recurve Bow. Practice great shooting habits & learn to put arrows in the Bullseye!

Location Town Hall Gymnasium - Small Gym

Fees Resident \$90 Non-Resident \$108

KARATE (Ages 4 - 9)

Offered Monday, Tuesday, Wednesday, Thursday or Saturday
(45 minute session for 11 weeks)



FALL

September 9 - November 25 (no class Sept. 30, Oct. 9 and Nov. 5)

Ages 4 - 6	Time	Course	Ages 7 - 10	Time	Course
Thursday	4:00 PM	7266	Monday	4:45 PM	7268
Saturday	9:00 AM	7267	Tuesday	4:45 PM	7269
			Wednesday	4:45 PM	7270
			Thursday	4:45 PM	7271
			Saturday	9:45 AM	7272



WINTER

December 2 - March 13 (no class Dec. 23-Jan. 1, Jan 17, 20, Feb. 14-22)

Ages 4 - 6	Time	Course	Ages 7 - 10	Time	Course
Thursday	4:00 PM	7273	Monday	4:45 PM	7275
Saturday	9:00 AM	7274	Tuesday	4:45 PM	7276
			Wednesday	4:45 PM	7277
			Thursday	4:45 PM	7278
			Saturday	9:45 AM	7279

Program is for beginner students only or those that have taken the program through Parks & Rec in the past. Each participant will be supplied a uniform. Contact Darien Martial Arts (203) 202-2764 for more information.

Location Piedmont Club (152 Hecker Ave.)

Fees Resident \$390 Non-Resident \$468

ALL A-BOUT FENCING (Ages 4 - 14)

Offered Thursdays (Fall) and Fridays (Winter)
(1 hour session for 6 weeks)

FALL

Session 1 September 12 - October 17			Session 2 November 7 - December 19		
Ages	Time	Course	Ages	Time	Course
8 - 14	4:00 PM	7383	8 - 14	4:00 PM	7385
4 - 7	5:00 PM	7382	4 - 7	5:00 PM	7384



WINTER

Session 1
January 10 - March 6 (no class January 17, February 14, 21)

Ages	Time	Course
8-14	4:00 PM	7387
4-7	5:00 PM	7386



Classes will cover the basics of fencing footwork, blade work and bouting tactics. Students will improve their speed, reaction time and fence competitive bouts every day! All fencing equipment will be provided.

Location Town Hall Gymnasium

Fees Resident \$130 Non-Resident \$155



GIRLS YOGA (Ages 7 - 14)

Offered on Tuesdays (50 minute session for 6 weeks)

FALL

Session 1: Sept. 10 - Oct. 15 and Session 2: Nov. 12- Dec. 17

Ages 7 - 10	Time	Course	Ages 11 - 14	Time	Course
Session 1	5:00 PM	7290	Session 1	4:00 PM	7289
Session 2	5:00 PM	7291	Session 2	4:00 PM	7292



WINTER

Session 1: Jan. 7 - Feb. 11 and Session 2: Feb. 25 - March 31

Ages 7-10	Time	Course	Ages 11-14	Time	Course
Session 1	5:00 PM	7295	Session 1	4:00 PM	7293
Session 2	5:00 PM	7296	Session 2	4:00 PM	7294



Offer your daughter valuable life skills with yoga. She'll develop attentiveness, ability to focus and enhance her sports or dance training by increasing strength and flexibility. Classes incorporate child friendly yoga asana, themes, story-telling, games, music, aromatherapy and more!

Location Mather Center, Room 209

Fees Resident \$105 Non-Resident \$126

YOUTH ACTIVITIES SCIENCE & LIFESKILLS

YOUNG WOODWORKERS CLUB (Ages 5 - 13)



Offered Wednesday
(1 hour session for 4 weeks)

FALL 1

September 18 - October 16
(no class October 9)

Ages	Time	Course
5-10	4:00 - 5:00 PM	7305
10-13	5:30 - 6:30 PM	7307

FALL 2

October 30 - November 20

Ages	Time	Course
5-10	4:00 - 5:00 PM	7308
10-13	5:30 - 6:30 PM	7309

WINTER 1

January 8 - January 29



Ages	Time	Course
5-10	4:00 - 5:00 PM	7312
10-13	5:30 - 6:30 PM	7310

WINTER 2

February 26 - March 18

Ages	Time	Course
5-10	4:00 - 5:00 PM	7313
10-13	5:30 - 6:30 PM	7311

This class will get the kids away from their devices and teach them the valuable life skill of woodworking. Each session the kids will complete and paint or stain a real wood project that they will be able to play with immediately when it is finished. They will enjoy the same sense of satisfaction parents get when completing their own DIY project! Projects in past classes have been building a locking box, a step stool, model airplane and many more!

Location Weed Beach - Paddle Building

Fees Resident \$150 Non-Resident \$180

MAD SCIENCE (Ages 3 - 8)

Offered Thursday
(45 minute session or 1 hour session for 8 weeks)

FALL

September 26 - Nov. 14



Ages	Time	Course
3 - 5	2:00 - 2:45 PM	7262

*5 - 8	4:00 - 5:00 PM	7263
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WINTER

January 9 - March 5
(no class February 20)



Ages	Time	Course
3 - 5	2:00 - 2:45 PM	7265

*5 - 8	4:00 - 5:00 PM	7464
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Ages 3 - 5 Put on your science goggles & come on a Science Adventure! Scientists in Training will gain a basic understanding of all different areas of science while doing intriguing, hands on, experiments! This program covers everything from cool dry ice to hot air balloons, from dinosaurs to a rocket launch that is out of this world, and much more!

Ages 5 - 8 Fall Step into our Anatomy Academy, with a Mad Science pedometer, & come on a journey with us inside the human body! Excavate a real dissection to learn about body systems and nutrition; create a slimy, blood clot to bring home; use glow in the dark technology to discover how to protect our skin and how skin protects; use microslide viewers and test tubes to view cells and DNA close up; and put your hands on more real life doctor tools and experiments that will blow your mind!

Winter This program will cover all the ins and outs of science and turn you into a master scientist! Everything from gears to lasers to circuits to rockets to chemical reactions; this class has it all! See hands on, and bring home, things that are gooey, zoom, crank, pop, flash, boom, and spark!

*Must be at least in Kindergarten for 5-8

3 - 5 Location Town Hall - Room 119

5 - 8 Location Mather Center, Room 205

Fees Resident \$180 Non-Resident \$215

PLAY-WELL STEM FUNDAMENTALS WITH LEGOS

(Grades K -5)



Offered Tuesday
(1 hour 30 minute sessions for 6 weeks)

NEW

September 17 - October 22

Grades	Time	Course	Fees
K - 5	4:00 - 5:30 PM	7415	Resident \$130 Non-Resident \$156

Master your engineering skills with Play-Well TEKologies and tens of thousands of LEGO parts! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects such as: Boats, Snowmobiles, Arch Bridges and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

Location Mather Center - Room 205



PLAY-WELL ROBOTICS USING THE LEGOS WEDO SYSTEM (Grades 2 - 4)



Offered Tuesday
(1 hour 30 minute sessions for 6 weeks)

NEW

November 12 - December 17

Grades	Time	Course	Fees
2 - 4	4:00 - 5:30 PM	7416	Resident \$150 Non-Resident \$180

Build and program robots in this introductory Robotics class using the LEGO WeDo system. Learn basic programming skills, simple engineering concepts and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young Robotics enthusiasts for our more advanced Robotics programs.

Location Mather Center - Room 205

YOUTH ACTIVITIES MUSIC



PIANO LESSONS (Ages 6 - 12)

Offered on Tuesdays (1 hour session for 9 weeks)



FALL

October 1 - December 3 (no class November 5)

Level	Time	Course
1 (Ages 6 - 12)	4:00 - 5:00 PM	7240
2 (Ages 6 - 12)	5:00 - 6:00 PM	7241
3 (Ages 6 - 12)	6:00 - 7:00 PM	7242
Advanced *all ages	7:00 - 8:00 PM	7239

WINTER

January 7 - March 10 (no class February 18)



Ages 6-12	Time	Course
1 (Ages 6 - 12)	4:00 - 5:00 PM	7244
2 (Ages 6 - 12)	5:00 - 6:00 PM	7245
3 (Ages 6 - 12)	6:00 - 7:00 PM	7246
Advanced (all ages)	7:00 - 8:00 PM	7243

Classroom keyboards and all materials are included in the registration fee. Level 1 is a prerequisite for Level 2 & Level 2 is mandatory before Level 3.

Location Mather Center, Room 133

Fees Resident \$200 Non-Resident \$240



UKULELE LESSONS (Ages 5 - 15)

Offered Mondays (1 hour session for 6 weeks)

FALL

September 9 - October 28 (no class Sept. 30 and Oct. 14)

Level	Time	Course
Beginner Ages 5-7	4:00 - 5:00 PM	7379
Beginner Ages 8-15	5:00 - 6:00 PM	7378

WINTER

January 27 - March 9 (no class February 17)

Level	Time	Course
Beginner Ages 5-7	4:00 - 5:00 PM	7381
Beginner Ages 8-15	5:00 - 6:00 PM	7380

The Ukulele is the easiest string instrument to learn. It's small size and soft nylon strings make it the perfect instrument for both kids and adults. The Uke has become very popular in pop and rock music and participation and interest has grown tremendously. For more information: contact Shane O'Reilly at (203) 500-5916 or shaneguitartennis@yahoo.com.

Location Mather Center, Room 133

Fees Resident \$200 Non-Resident \$240

GUITAR LESSONS (Ages 7 - 15)



Offered Wednesdays (1 hour session for 8 weeks)

FALL

September 11 - November 6 (no class October 9)

Level	Time	Course
Beginner	4:00 - 5:00 PM	7248
Beginner	5:00 - 6:00 PM	7249
Intermediate	6:00 - 7:00 PM	7250
Adult	7:00 - 8:00 PM	7247

WINTER

January 8 - March 4 (no class February 19)



Level	Time	Course
Beginner	4:00 - 5:00 PM	7252
Beginner	5:00 - 6:00 PM	7253
Intermediate	6:00 - 7:00 PM	7254
Adult	7:00 - 8:00 PM	7251

Learn chords, scales, theory and, best of all, learn to play your favorite songs! Guitars will be provided for all students to use during lessons. Rentals are also available for more info: contact Shane O'Reilly at (203) 500-5916 or shaneguitartennis@yahoo.com.

Location Mather Center, Room 133

Fees Resident \$245 Non-Resident \$294

YOUTH ACTIVITIES HOBBIES & LIFE SKILLS

SPROUT CHEFS COOKING (Grades 6-8)

Offered Friday
(1 hour 30 minute session for 9 weeks - Fall & 6 weeks - Winter)

FALL (9 weeks) 			WINTER (6 weeks) 		
September 13 - November 8			January 10 - March 6 (no class Jan. 17, Feb. 14, 21)		
Ages	Time	Course	Ages	Time	Course
Grades 6-8	5:00 PM	7392	Grades 6-8	5:00 PM	7393

TGIF Middle-Schooler's Cooking and Supper Club
More details and information online at darienct.gov/parkrec

Location	Mather Center, Room 205				
Fall fees	Resident \$216	Non-Resident \$260			
Winter fees	Resident \$144	Non-Resident \$172			



SEW MUCH BETTER (Ages 7 - 12)

Offered Thursdays (1 hour session for 4 weeks)

FALL 					
Session 1 September 12 - October 3			Session 2 October 17 - November 14 (no class October 31)		
Ages	Time	Course	Ages	Time	Course
7 - 9	4:00 PM	7396	7 - 9	4:00 PM	7397
10 - 12	5:00 PM	7394	10 - 12	5:00 PM	7395

WINTER 					
Session 1 January 9 - January 30			Session 2 February 27 - March 19		
Ages	Time	Course	Ages	Time	Course
7 - 9	4:00 PM	7400	7 - 9	4:00 PM	7401
10 - 12	5:00 PM	7398	10 - 12	5:00 PM	7399

Come meet our sewing instructor, Ms. Johnston! She is a theatrical costumer! Ages 7-9 project: Make a stuffed animal friend from scratch to take home! Ages 10-12 project: Making a poncho for fall weather! This course introduces basic sewing skills like choosing fabrics, using a pattern and learning how to use a Sewing Machine.

Location	Mather Center, Room 133				
Fees	Resident \$250	Non-Resident \$300			

SPROUT CHEFS COOKING (Grades K-5)

Offered Monday and Wednesday
(1 hour session for 5 weeks - Fall & 6 weeks - Winter)

FALL (5 weeks) 			FALL (5 weeks) 		
Session 1: Wednesday September 11 - October 16			Session 3: Monday October 7 - November 18 (no class Oct. 14 and Nov. 11)		
Session 2: Wednesday October 30 - December 4 (no class November 27)			WINTER (6 weeks) Session 1: Wednesday January 15 - February 26 (no class February 19)		

Session	Time	Course	Session	Time	Course
Fall 1	4:00 PM	7388	Fall 3	4:00 PM	7391
Fall 2	4:00 PM	7389	Winter 1	4:00 PM	7390

Fall Session 1: *Creating Art with Food*
Fall Session 2: *Preparing Holiday Foods*
Fall Session 3: *Stone Soup Class*
Winter Session 1: *Creating Art with Food*
Class details and more information online at darienct.gov/parkrec.

Location	Mather Center, Room 205				
Fall fees	Resident \$120	Non-Resident \$144			
Winter fees	Resident \$144	Non-Resident \$172			



CUPCAKE CLUB (Ages 5 - 9)

 Offered Tuesdays (1 hour session for 4 weeks)

FALL 			WINTER 		
November 12 - December 3			January 14 - February 4		
Ages 5 - 9	Time	Course	Ages 5 - 9	Time	Course
Tuesday	4:00 PM	7303	Tuesday	4:00 PM	7304

This class will go beyond the basics of cupcake decorating. The students in this class will learn a new skill each week from working with candy melts, to heating and cooling frosting and using it for different effects, to creating your own piping bags and using everyday ingredients to create cupcakes that the bakers will be able to easily reproduce at home. The kids will be so proud to be able to bake and take these brilliant cupcakes to their Thanksgiving or Valentine's Day parties. The last class of each session will be Cupcake Wars - where each baker will make their best designs using what they learned - a prize will be awarded for the best design.

NOTE: This class contains allergens such as nuts, eggs, dairy and gluten.

Location	Weed Beach - Paddle Building				
Fees	Resident \$130	Non-Resident \$156			

ADULT ACTIVITIES SPORTS

TENNIS LESSONS



FALL

Offered Monday, Tuesday, Wednesday, Thursday, Friday or Saturday
(7 week sessions)

September 7 - October 30 (no class September 30 and October 9)

Beginner	1.5 Hour	Course	Low Inter.	1 Hour	Course
Monday	9:15 AM	7111	*Monday	8:15 AM	7128
Wednesday	10:45 AM	7113	*Tuesday	12:15 PM	7129
Friday	10:45 AM	7112			

Low Inter.	1.5 Hour	Course	Intermediate	1 Hour	Course
Saturday	10:00 AM	7131	*Monday	12:15 PM	7115
Monday	10:45 AM	7132	*Wednesday	8:15 AM	7120
Tuesday	9:15 AM	7127	*Thursday	12:15 PM	7123
Wednesday	9:15 AM	7130			
Thursday	10:45 AM	7133			

Inter.	1.5 Hour	Course	Advanced	1 Hour	Course
Saturday	8:30 AM	7125	*Wednesday	12:15 PM	7105
Monday	9:15 AM	7117	*Friday	8:15 AM	7110
Monday	10:45 AM	7118			
Tuesday	9:15 AM	7116			
Tuesday	10:45 AM	7119			
Wednesday	10:45 AM	7121			
Thursday	9:15 AM	7122			
Thursday	10:45 AM	7114			
Friday	9:15 AM	7124			
Friday	10:45 AM	7126			

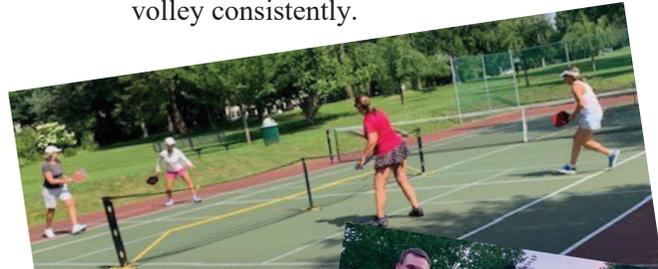
Advanced	1.5 Hour	Course
Saturday	8:30 AM	7107
Saturday	10:00 AM	7103
Tuesday	10:45 AM	7108
Wednesday	9:15 AM	7104
Thursday	9:15 AM	7106
Friday	9:15 AM	7109

Location	Weed Beach		
Fees	1.5 Hour	Resident \$230	Non-Resident \$276
	*1 hour	Resident \$200	Non-Resident \$240

*Maximum 3 participants

DETERMINE YOUR LEVEL

- **BEGINNER** has either never held a racquet or has played sparingly without having formal instruction.
- **LOW INTERMEDIATE** (Low Inter.) has completed the beginner class or has had introduction to grips & strokes and makes contact with the ball on a regular basis.
- **INTERMEDIATE** (Inter.) can keep the ball in play and knows how to serve, volley, and understands court positioning.
- **ADVANCED** players can keep the ball in play consistently, can hit with spin, and can serve and volley consistently.



PICKLEBALL LESSONS

FALL

NEW



Monday and Wednesday
September 9 - October 7 (no class September 30)
(1 hour 30 minute session for 4 weeks)

Beginner/ Advanced Beginner	Time	Course	Intermediate	Time	Course
Monday	6:00 PM	7197	Wednesday	6:00 PM	7199

Location	Cherry Lawn	
Fee	Resident \$144	Non-Resident \$172

ADULT ACTIVITIES SPORTS

FREE CLINIC!
Saturday,
September 21
Sign up!

ADULT PADDLE TENNIS KICKOFF CAMPS

Date	Time	Course
Saturday, September 21 FREE	3:00 - 5:00 PM	7172
Saturday, September 28	9:00 - 12:00 PM	7170
Saturday, September 28	1:00 - 4:00 PM	7169
Sunday, September 29	9:00 - 12:00 PM	7171

Kickoff paddle season with great instruction & lots of fun! Camp includes all aspects of the game & is a great "tune-up" for the winter season.

Sept. 21 is a **free** clinic & exhibition. These camps have nationally recognized instructors.

Location Weed Beach

Fee Resident \$110 Non-Resident \$130



PADDLE CLINICS



WINTER

Monday, Tuesday, Wednesday, Thursday, Friday or Saturday
January 6 - March 20 (no class January 17, 20, February 14 - 22)
(1 hour 30 minute sessions for 8 weeks)

Beginner	Time	Course	Intermediate	Time	Course
Monday	9:00 AM	7205	Monday	10:30 AM	7219
Monday	12:00 PM	7206	Tuesday	12:00 PM	7220
Monday	7:00 PM	7217	Wednesday	7:00 PM	7221
Tuesday	10:30 AM	7207	Thursday	12:00 PM	7222
Wednesday	9:00 AM	7208	Saturday	11:00 AM	7223
Wednesday	12:00 PM	7209			
Wednesday	8:30 PM	7210	Advanced	Time	Course
Thursday	9:00 AM	7211	Monday	8:30 PM	7200
Thursday	10:30 AM	7212	Tuesday	9:00 AM	7201
Friday	10:30 AM	7213	Wednesday	10:30 AM	7202
Saturday	12:30 PM	7214	Friday	9:00 AM	7203
			Friday	12:00 PM	7204

Location Weed Beach

Fee Resident \$345 Non-Resident \$418

Paddle Tennis Private Lessons!

Private lessons are now offered to residents from October-March. Lesson options are 1 hour (\$106) or 1 hour 30 minutes (\$160). Email parkrec@darienct.gov with preferred date & approximate time. Pay online prior to lesson.

PADDLE CLINICS



FALL

Monday, Tuesday, Wednesday, Thursday, Friday or Saturday
October 12 - December 7 (no class November 5, 27-30)
(1 hour 30 minute session for 8 weeks)

Beginner	Time	Course	Intermediate	Time	Course
Monday	9:00 AM	7178	Monday	10:30 AM	7190
Monday	12:00 PM	7179	Tuesday	12:00 PM	7191
Monday	7:00 PM	7180	Wednesday	7:00 PM	7192
Tuesday	10:30 AM	7181	Thursday	12:00 PM	7193
Wednesday	9:00 AM	7182	Saturday	11:00 AM	7194
Wednesday	12:00 PM	7183			
Wednesday	8:30 PM	7184	Advanced	Time	Course
Thursday	9:00 AM	7185	Monday	8:30 PM	7173
Thursday	10:30 AM	7186	Tuesday	9:00 AM	7174
Friday	10:30 AM	7187	Wednesday	10:30 AM	7175
Saturday	12:30 PM	7188	Friday	9:00 AM	7176
			Friday	12:00 PM	7177

Location Weed Beach

Fee Resident \$345 Non-Resident \$418

ADULT ACTIVITIES SPORTS

ARCHERY



Offered Tuesdays in the Fall and Mondays in the Winter
(1 hour session for 6 weeks)

FALL Tuesday

Session 1			Session 2		
September 17 - October 22			November 12 - December 17		
Adult	Time	Course	Adult	Time	Course
Tuesday	6:30 PM	7316	Tuesday	6:30 PM	7317

WINTER Monday



Session 1
January 27 - March 9 (no class February 17)

Adult	Time	Course
Monday	6:30 PM	7322

Ever been interested in archery or remember shooting as a child? Learn basic skills using the classic Recurve Bow. Practice great shooting habits and learn to put your arrow in the Bullseye every time!

Location	Town Hall Gymnasium - Small Gym	
Fees	Resident \$90	Non-Resident \$108



GOLF LESSONS

Offered Tuesday or Saturday
(1 hour session for 5 weeks)



FALL September 10 – October 12

Day	Time	Course
Tuesday	10:00 - 11:00 AM	7299
Saturday	2:00 - 3:00 PM	7300

Group lessons may cover aspects of the golf swing including putting, chipping, pitching, bunker play, course management and include the Rules of Golf and etiquette. Lessons taught by PGA Certified Professional Paul Alexander.

Location	Oak Hills Park Golf Course, 165 Fallow Street, Norwalk	
Fees	Resident \$150	Non-Resident \$180

COED DROP-IN VOLLEYBALL

Offered Mondays
September 9, 2019 - August 31, 2020
(Does not meet Oct. 14, Nov. 4, 11, Jan. 20, February 17 and May 25)

Time	Course				
7:30 - 10:00 PM	7288				

Informal volleyball program for participants to bump, set and spike in a friendly, non-competitive atmosphere. Participants **must** register prior to playing.

Location	Town Hall Gymnasium	
Fees	Resident \$80	Non-Resident \$130

DROP-IN BASKETBALL

Offered Tuesdays
September 10, 2019 - September 1, 2020
(Does not meet November 5, December 24, 31)

Time	Course				
7:30 - 9:30 PM	7287				

Program is informal drop-in. All participants **must** register before playing.

Location	Town Hall Gymnasium	
Fees	Resident \$80	Non-Resident \$130

ADULT ACTIVITIES FITNESS

HIIT 2B FIT

Fitness: HIIT 2B FIT! With Nichole Malkiel (1 hour class for 6 weeks)



FALL

Session 1 September 4 - October 21

Session 2 October 28 - Dec. 13
(no class from November 25 - 29)

Early bird registration ends Oct. 21.

Date	Time	Location	Course	Location	Course
M/W/F	6:00 - 7:00 AM	Weed Beach	7342	Weed Beach/DHS	7343
M/W	6:00 - 7:00 AM	Weed Beach	7338	Weed Beach/DHS	7339
W/F	6:00 - 7:00 AM	Weed Beach	7350	Weed Beach/DHS	7351
M/F	6:00 - 7:00 AM	Weed Beach	7406	Weed Beach/DHS	7408
M/W/F	9:30 - 10:30 AM	Weed Beach	7344	Weed/Town Hall	7345
M/W	9:30 - 10:30 AM	Weed Beach	7340	Weed/Town Hall	7341
W/F	9:30 - 10:30 AM	Weed Beach	7352	Weed/Town Hall	7353
M/F	9:30 - 10:30 AM	Weed Beach	7407	Weed/Town Hall	7409
Monday	6:00 - 7:00 AM	Weed Beach	7334	Weed Beach/DHS	7335
Monday	9:30 - 10:30 AM	Weed Beach	7336	Weed/Town Hall	7337
Wednesday	6:00 - 7:00 AM	Weed Beach	7346	Weed Beach/DHS	7347
Wednesday	9:30 - 10:30 AM	Weed Beach	7348	Weed/Town Hall	7349
Friday	6:00 - 7:00 AM	Weed Beach	7330	Weed Beach/DHS	7331
Friday	9:30 - 10:30 AM	Weed Beach	7332	Weed/Town Hall	7333

Sign up early
and
save 15%!

Fees	Early bird	
	Resident	Non-resident
1 Day	\$102	\$122
2 Day	\$204	\$240
3 Day	\$306	\$360

Fees	Regular rate	
	Resident	Non-resident
1 Day	\$120	\$144
2 Day	\$240	\$288
3 Day	\$360	\$432

HIIT 2B FIT

WINTER



Session 1 January 3 - February 28

Session 2 March 9 - April 24

Early bird registration ends Dec. 27.

Early bird registration ends March 2.

Date	Time	Location	Course	Location	Course
M/W/F	6:00 - 7:00 AM	DHS	7366	DHS	7367
M/W	6:00 - 7:00 AM	DHS	7362	DHS	7363
W/F	6:00 - 7:00 AM	DHS	7374	DHS	7375
M/F	6:00 - 7:00 AM	DHS	7411	DHS	7413
M/W/F	9:30 - 10:30 AM	WB/Town Hall Gym	7368	Town Hall Gym	7369
M/W	9:30 - 10:30 AM	WB/Town Hall Gym	7364	Town Hall Gym	7365
W/F	9:30 - 10:30 AM	WB/Town Hall Gym	7376	Town Hall Gym	7377
M/F	9:30 - 10:30 AM	WB/Town Hall Gym	7412	Town Hall Gym	7414
Monday	6:00 - 7:00 AM	DHS	7358	DHS	7359
Monday	9:30 - 10:30 AM	WB/Town Hall Gym	7360	Town Hall Gym	7361
Wednesday	6:00 - 7:00 AM	DHS	7370	DHS	7371
Wednesday	9:30 - 10:30 AM	WB/Town Hall Gym	7372	Town Hall Gym	7373
Friday	6:00 - 7:00 AM	DHS	7354	DHS	7355
Friday	9:30 - 10:30 AM	WB/Town Hall Gym	7356	Town Hall Gym	7357

HIIT2BFIT (High Intensity Interval Training) is a full-body workout that uses interval training with high-intensity exercises & strength training to build cardiovascular fitness while improving muscular strength & endurance. During

each 6-week session, participants will have the option of joining a fat-loss challenge where the winner will receive 20% off the next session! Contact Nichole with any questions at nicholemalkiel@gmail.com or (860)729-2038.

ADULT ACTIVITIES FITNESS

CORE YOGA

Offered Wednesday (1 hour session for 10 weeks)

FALL September 11 - November 13

WINTER January 8 - March 18 (no class February 19)

Session	Time	Course
Fall	7:00 - 8:00 PM	7297
Winter	7:00 - 8:00 PM	7298

Location Mather Center, Room 209

Fees Resident \$155 Non-Resident \$186

Core Yoga combines a series of flowing postures designed for all-levels with rhythmic breathing for a full mind-body workout with emphasis on the core.



VINYASA FLOW All levels

Offered Tuesday (1 hour session for 10 weeks)

FALL September 17 - November 26 (no class November 5)

WINTER January 7 - March 17 (no class February 18)

Session	Time	Course
Fall	9:30 - 10:30 AM	7260
Winter	9:30 - 10:30 AM	7261

Location Town Hall Gymnasiumc, Small Gym

Fees Resident \$155 Non-Resident \$186

An open level yoga class designed for all levels, whether you are new to yoga or have a practice already. Expect a smooth engaging flow of yoga and stretching that will connect you to your breath. This welcoming class will flow at a gentle and easy pace helping you to improve balance and flexibility through the body and mind. Please bring a yoga mat and towel.



PiYo

Offered Thursday (1 hour session for 5 weeks-Fall 1 and 6 weeks-Fall 2)

FALL

Session 1 September 12 - October 10

Session 2 October 24 - December 5 (no class Nov. 28)

Day	Session	Time	Course
Thursday	Fall 1	9:30 AM	7314
Thursday	Fall 2	9:30 AM	7315

Location Town Hall Gym - Small Gym

Fees Fall 1: Resident \$75 Non-Resident \$90

Fees Fall 2: Resident \$90 Non-Resident \$108

PiYo isn't like standard Pilates and yoga classes that make you hold long, intense poses, or lead you through dozens of repetitive, microscopic core movements. PiYo speeds everything up (including your results) by introducing you to dynamic, flowing sequences that can burn serious calories at the same time as they lengthen and tone muscles and increase flexibility. PiYo combines the muscle-sculpting, core-firming of Pilates with strength & flexibility advantages of yoga. We crank up the speed to deliver a true fat-burning, low-impact workout that leaves your body looking long, lean and incredibly defined.

With every action-packed PiYo session, you can burn excess fat and sculpt and define your whole body while minimizing the aches and pains that can come along with high-impact workouts. No matter your age, no matter your body type, PiYo will help give you dramatically visible, incredible results.

Equipment Required Mat and water bottle.

ADULT ACTIVITIES HOBBIES & MUSIC

NEW

SEW IT YOURSELF! ADULT & TEEN SEWING

Thursday (1 hour session for 4 weeks)

FALL

Session 1 September 12 - October 3

Ages	Time	Course
13+	7:00 - 8:00 PM	7402

Location Mather Center, Room 133



Fees Resident \$250 Non-Resident \$300

Come meet our sewing instructor, Ms. C. Delari Johnston! She is a theatrical costumer! **Project: Make your child's Halloween costume.** In this class you can bring along a pattern of an easy costume you would like to make for Halloween along with the fabric and we will teach you how to use a machine and sew the costume! NO PRIOR sewing experience is necessary. This course will teach basic sewing skills and learning how to sew on a machine.



Adult Classes

NEW

UKULELE LESSONS

Offered Wednesday (1 hour session for 8 weeks)

FALL

September 11 - November 6 (no class October 9)

Day	Time	Course
Wednesday	7:00 - 8:00 PM	7417



WINTER

January 8 - March 4 (no class February 19)

Day	Time	Course
Wednesday	7:00 - 8:00 PM	7418



Location Mather Center, Room 133

Fees Resident \$285 Non-resident \$342

Learn chords, scales, theory and, best of all, learn to play your favorite songs! Ukulele students will get to keep the Ukulele and case. For more information contact Shane O'Reilly at 203-500-5916 or shaneguitartennis@yahoo.com. **Please note: Ukulele and Guitar Lessons are conducted concurrently.**

GUITAR LESSONS

Offered Wednesday (1 hour session for 8 weeks)

FALL

September 11 - November 6 (no class October 9)

Day	Time	Course
Wednesday	7:00 - 8:00 PM	7247



WINTER

January 8 - March 4 (no class February 19)

Day	Time	Course
Wednesday	7:00 - 8:00 PM	7251



Location Mather Center, Room 133

Fees Resident \$245 Non-resident \$294

Learn chords, scales, theory and, best of all, learn to play your favorite songs! Guitars will be provided to use during lessons. Rentals are also available. For more information contact Shane O'Reilly at 203-500-5916 or shaneguitartennis@yahoo.com. **Please note: Guitar and Ukulele Lessons are conducted concurrently.**



PARKS & RECREATION PROGRAM REGISTRATION FORM

(Please Print and Fill Out Completely)

Resident Registration begins
Wednesday, August 28

Please fill out the Registration Form completely. All pertinent information is needed to register. Forms that are not properly filled out will be returned. Mail in or Drop off the Registration Form with payment in full to the Darien Parks and Recreation Department. Checks should be made out to the *Town of Darien*.

Registration Forms and Payment mailed to:
(Mailing this form does not guarantee enrollment.)

Darien Parks and Recreation Department
Town Hall, 2 Renshaw Road
Darien, CT 06820

Parent Last _____ Parent First _____

Street # _____ Street Name _____ City _____



State _____ Zip _____ Home # _____ Cell # _____ Email _____

Participant Name	M/F	Birth Date	Age	Grade	Course #	Program Name (note fall/winter)	Time/Day	Fee



TOTAL

\$

Emergency Contact _____ Relation _____ Phone _____
(Someone other than the parent/guardian)

Allergies/Medications _____

Please advise us of any special needs of program participants: _____

Other Information/Comments _____

Waiver of Town Liability: I understand that injuries are inherent with recreational activity. In the event that an injury occurs to myself or family members, I agree to hold the Darien Parks and Recreation Department, Darien Parks and Recreation Commission, and any other person or contractor connected therewith the Town of Darien, harmless from all claims for personal injury, bodily injury and property damage arising from the use of Town facilities, participation in Town activities, programs and trips or use of Town equipment during the course of a Town of Darien sponsored activity.

Photo Policy: By registering for a program, you give the Darien Parks and Recreation Department permission to take and publish photos of you/your child participating in the program. If you do not wish to be photographed, you must include this request in writing along with your registration.

Parent/Guardian Signature _____ Date _____

For Office Use Only

Total Fee _____ Check # _____ Cash _____ CC _____ Staff Initials _____ Date _____

DARIEN SENIOR PROGRAMS

SERVICES, ACTIVITIES AND MORE FOR MEMBERS OF THE COMMUNITY 55+

Director	Beth Paris, Gerontologist	eparis@darienct.gov
Program Specialist	Marcy Rand, MSW	mrand@darienct.gov
Clerk/ Receptionist	Eileen Manhart	
Chef	Kris Young	
Building Attendants	Angelo Vitti & Michael Mullins	
Address	2 Renshaw Road, Mather Center	
Phone	203-656-7490	
Days	Monday through Friday	
Hours	9:00 AM - 3:00 PM (closed 9/2, 10/9, 11/28-29, 12/24-25, 1/1)	

For more information go to: www.darienct.gov

Registration for the following programs takes place at the Darien Senior Programs.

MEMBERSHIP

To become a member please fill out a registration card the next time you're at the Senior Program Center or online at www.darienct.gov. Membership is open to residents 55 years of age and above. For more information call (203) 656-7490.

It is also online at www.darienct.gov.



MONTHLY NEWSLETTER

The newsletter is full of all special programs as well as our daily regular programs. Be sure to pick one up the beginning of every month. The Monthly Newsletter is available at the Senior Programs Center and Town Hall outside of the Human Services Office. It is also online at www.darienct.gov.

UPCOMING EVENTS CELEBRATING 6 YEARS!

September 12	Country BBQ with Country Western Music
September 19	Autumn Festival with Chinese American Choir
October 17	Oktoberfest with Entertainment
October 31	Halloween with Entertainment
November 14	David Allen Entertains
And More to Come Over the Winter!!!!



LUNCH

Full lunch is offered daily at 12:00 PM. A nutritionally balanced meal is prepared by our Chef, Kris Young. The menu is varied, delicious and a wonderful value at \$5.00. For reservations please call 203-656-7490 by 11:15 that day. Dining on entertainment days require advanced reservations. The menu can be found at www.darientct.gov.

VOICEMAIL

If a program or activity requires a sign up or a reservation, you may call the Center number 203-656-7490, seven days a week 24 hours a day and **leave a message** for the staff. We will get back to you on the next working day to let you know your call has been heard and noted.

YOUTH COMMISSION

TOPS The Teen Options Program (TOPS) is sponsored by the Darien Youth Commission. It is endorsed by MMS and made possible through the generous involvement of the TOPS Board and many other volunteers. TOPS is committed to offer affordable, safe, fun, drug and alcohol-free activities for Darien students in 6th, 7th or 8th Grades (public, private & home-schooled students). There is a charge for each TOPS event.

Participants must be registered members of the TOPS program. Members can either pay at each event, or for your convenience, a pre-paid discounted option is available covering entrance to all TOPS events. Events are grade-level specific with the exception of 3 events which are for both 7th & 8th & one event for both 6th & 7th Grade TOPS members. 2019/20 school year schedule and membership information is listed below and will be available on the [DYC website](http://www.darienct.gov/yc) as well:



SPECIAL DARIEN YOUTH COMMISSION SPONSORED EVENTS

- 
22nd Annual Halloween Window Painting Contest
 Saturday, October 26 Open to Students Grades 6—12...teams of up to 5 members are invited to join the fun! (Advanced registration required...registration begins October 1.)
- 
Community Movie Benefitting Darien Human Services Holiday Gift Drive Early December @ the Darien Playhouse. Tickets available @ the [DYC office](http://www.darienct.gov/yc) week of movie...admission is ticket plus unwrapped, new gift for kids ages 17 and under.
- 
Annual Community Festival of the Arts & Sciences
 Special afternoon of hands-on-fun for the kids (Sat., 3/7/20)
- 
4th Annual Darien Dash Community-wide scavenger hunt (Sat., 3/14/20)

All details/registration information available on the [DYC website: www.darienct.gov/yc](http://www.darienct.gov/yc)

2019/20 TOPS DATES & FEES

6th Grade TOPS Events Advance pay \$90			
Day	Location	Cost	Time
September 27	My Three Sons	\$20	6:30-8:00 PM
November 4	Skyzone Trampoline Park	\$25	6:00-8:00 PM
March 6	Bowling Party	\$25	3:30-5:00 PM
April 17	Clash Bash Party	\$10	7:30-9:00 PM
May 8	Hindley Fair Night	\$20	5:00-6:30 PM

7th Grade TOPS Events Advance pay \$120			
Day	Location	Cost	Time
October 18	Tokeneke Fair Night	\$25	6:00-8:00 PM
November 4	Skyzone Trampoline Park	\$25	6:00-8:00 PM
January 10	Bowling Party	\$25	3:30-5:00 PM
March 6	Chelsea Piers Fun	\$25	7:30-9:00 PM
April 24	Spring Fling	\$10	7:30-9:00 PM
May 8	Hindley Fair Night	\$20	7:30-9:00 PM

8th Grade TOPS Events Advance pay \$110			
Day	Location	Cost	Time
September 20	Beach Party	\$20	5:00-6:30 PM
December 6	Mistletoe Magic	\$20	7:00-9:00 PM
January 10	Bowling Party	\$25	3:30-5:00 PM
March 6	Chelsea Piers Fun	\$25	7:30-9:00 PM
May 1	End of Year Dance	\$10	7:30-9:00 PM
May 8	Hindley Fair Night	\$20	7:30-9:00 PM

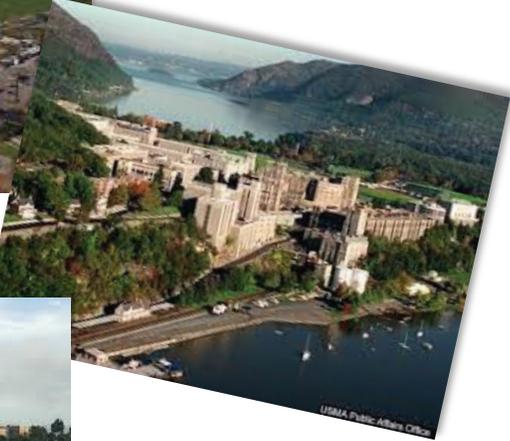


Additional TOPS information, including Rules & Regulations and Online registration: www.darienct.gov/yc

YES, WE HAVE BUS TRIPS!!!

LET'S GO DARIEN!

NEW!



WESTPOINT, NY
OCTOBER 2ND - ONLY \$45!



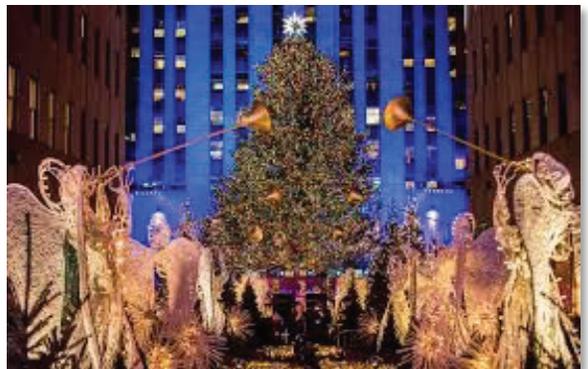
First Co-sponsored Bus Adventure Trips!



Check the Parks & Recreation website darienct.gov/parkrec for more trip information & updates!



RADIO CITY CHRISTMAS
SPECTACULAR
(ROCKETTES)



DARIEN TOWN PARKS & SCHOOLS



PARKS & BEACHES

- 1 Baker Park
- 2 Cherry Lawn Park
- 3 Frate Park
- 4 McGuane Park
- 5 Pear Tree Point Beach
- 6 Selleck's Woods Nature Preserve
- 7 Stony Brook Park
- 8 Tilley Pond Park
- 9 Town Hall & Holahan Fields
- 10 Weed Beach
- 11 Woodland Park Nature Preserve
- 12 Diller Property
- 13 Mather Center
- 14 Cherry Street Property

SCHOOLS

- A Darien High School
- B Middlesex Middle School
- C Hindley Elementary School
- D Holmes Elementary School
- E Ox Ridge Elementary School
- F Royal Elementary School
- G Tokeneke Elementary School

HIGHLIGHTS



FIREWORKS 2019!

HUGE THANK YOU to our amazing sponsors that continue to make this event possible!

- | | |
|---------------------|-------------------------------|
| Baywater Properties | Rand Insurance |
| The Corbin District | Merrill Lynch |
| Ring's End | The Growing Concern |
| Darien Sport Shop | Orchard Tree Care Specialists |
| First County Bank | The Town of Darien |
| PG Properties | City Carting |
| Neilsen's Florist | |
| Dolcetti, Inc. | |

RESIDENT RECOGNITION: BARBARA JONES!

WITH MANY THANKS....

The Darien Parks & Recreation staff would like to THANK Darien resident and design professional, Barbara Jones, for creating a new logo and re-design of our Fall/Winter 2019-2020 catalog. We love the catalog's new look and ease of use!



Barbara has worked for most of her career at the March of Dimes in White Plains, NY, as Design Director, working in print and digital media. She and her husband Steve Jones, a local home designer, and their three children have lived in Darien for 24 years.

In addition to the Darien Parks and Recreation catalog she provides design services to local businesses. If you have a design or branding need, we encourage you to contact her at 5jones@optonline.net or 203-570-9928.



WEED BEACH FEST 2019!

THANK YOU! RING'S END

- | | | | | |
|-------------------------|--|--------------------------|--|---------------|
| THE DARIEN FOUNDATION | | DARIEN SPORT SHOP | | |
| BMW/MINI | | THE MASONIC CLUB | | PG PROPERTIES |
| DARIEN YOUTH COMMISSION | | | | |
| WESTON & SAMPSON | | DARIEN BOARD OF REALTORS | | |
| WHOLE FOODS | | SPRING GROVE CEMETERY | | |

SAVE THE DATES!



Something Sweet
Dessert War
Saturday,
February 8th

Daddy Daughter
Dance
Friday,
March 20th



Happy Birthday Darien!

In 2020, the town will celebrate its 200th Bicentennial and plans are in the works to make this a year to remember. Please mark your calendars for these special events:

Bicentennial Opening Ceremony

Friday, Jan. 10
Town Hall Auditorium,
2 Renshaw Road

Darien: 1820 Exhibit Opening

Friday, March 20
Darien Historical Society,
45 Old Kings Hwy North



Anniversary Day Ceremony

Friday, June 12
Slawson Cemetery,
Hanson Road

Heritage Day Celebration

Fall 2020

Weed Beach Festival's Bicentennial Bash

Saturday, June 6

To participate, volunteer or sponsor visit www.darienct.gov/2020
or email info.darien2020@gmail.com

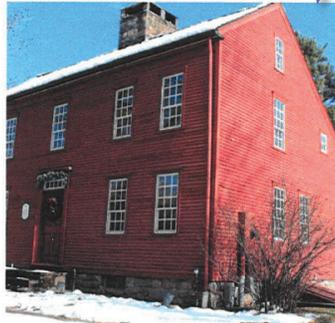
PRESORTED
STANDARD
U.S. POSTAGE PAID
STAMFORD, CT
PERMIT NO. 2010

RESIDENTIAL CUSTOMER

Movie @ Weed Beach - *Incredibles 2*
Friday, August 30, 2019 - Dusk



SAVE
the
YEAR
2020!



068200

